



2020 SNOW CAMP INFORMATION SHEET

After sign-up, fill in the following:

Group # _____

Leader's Name _____

Leader's Phone # _____

Leader's Email _____

Snow Camp will be taking place the weekend of March 13-14-15, 2020, with an alternate weekend of March 21-22, 2020. (For those doing their Snow Camp on an alternate weekend, the same pre-trip planning events and requirements apply. However, you **MUST** wait until March 17 to pick up your snowshoes if renting from WBC).

You must qualify to go on snow camp by having been on at least one backpack.

Mammoth Snow Camp

Some students will be choosing to go to Mammoth for their Snow Camp on the weekend of March 13-15, 2020. There will be an additional cost of \$75 if you choose this option. We will be leaving by two chartered busses on Friday afternoon, spending the night at Mammoth High School, and going to the trailhead on Saturday morning. The cost of the bus, the permit, Saturday breakfast and the Friday night lodging are included in your class fee and the \$75 additional cost. Payment online via the WBC website is required **PRIOR** to sign up night March 3. The payment window opens February 26. If the bus trips fill during sign up and you do not get on a Mammoth trip, you will receive a refund.

San Jacinto Snow Camp

These groups will carpool to Palm Springs and take the Palm Springs Aerial Tramway up to the ranger station where your hike will begin. The cost of the tram is included in the overall cost of the class, so you will not need to pay extra other than a parking fee for each vehicle at the tram station.

Other Locations

Some leaders will be opting for other locations which they will detail on the website as well as during their introductory talk in class. Be sure to read the trip descriptions carefully to make sure that they are the right fit for your ability.

Regardless of which location you choose, you will have an adventure you'll never forget.



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Snow Camp Sign Up-Tuesday, March 3, 2020

1. Payment of \$75 for Mammoth trips must be made on the WBC website prior to sign up.
2. You will briefly meet with your snow camp leaders after sign-up to discuss equipment requirements, tent and cooking group arrangements.
3. Be sure to fill in your leader's name, phone number and/or email address at the top of this sheet in case you need to contact this person outside of class time.
4. Obtain the snow camp equipment checklist from the WBC website. This sheet outlines the minimum equipment requirements for this trip. Your leader may have items to add to this list. If you have questions about this list, talk with your leader during the post sign-up meeting on this night.
5. On Tuesday, March 10, you will need to bring all of your equipment (and the equipment check sheet) to the meeting so your leader can check your equipment and sign off on it.

Planning Meeting – Tuesday, March 10, 2020

1. Bring in all your snow camp equipment and clothing to your pre-trip meeting to be checked by your leaders. If you are renting some of your equipment, bring in the rental receipt. Be sure your boots are snow sealed.
2. Make sure that your tent and stove arrangements are confirmed.
3. Get all your questions answered tonight!
4. Many of you will be picking up your snowshoes or skis at this meeting. If you have chosen to rent your equipment elsewhere, do bring in your receipt so your leader can check it off.

Snow Camp Outing

1. Pack any necessary liquids in your pack at the last minute to minimize the chance of leakage. You do not want your gear to get wet.
2. Pack your sleeping bag and clothing in plastic bags for further protection from getting wet.
3. If you choose a San Jacinto trip, you will be driving to the Palm Springs tram station to meet your group at the time designated by your leader. Some people may choose to stay in Palm Springs the night before, but that is not required. It is best if your entire group take the same tram to minimize unnecessary waiting around for stragglers. You will have the opportunity to use the bathrooms at the tram station before starting your outing. Your group



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will reconvene at the nearby ranger station where your leader will pick up the permit for your group.

4. For those of you going to Mammoth, you will be meeting at 2:45 p.m. on Friday, March 13, at the Sabre Springs Park & Ride for the bus ride to Mammoth. The Park & Ride is located on Sabre Springs Pkwy, the first left after you turn left off Poway Rd. (You will see an ARCO station on your left as you pull into the small shopping plaza. The Park & Ride is on your right). You will arrive in Mammoth around 11 p.m. and will find a spot to sleep in the hallway or all-purpose room at Mammoth High School.
5. It is important that you eat a healthy breakfast to supply you with enough energy for your journey. Most groups will be traveling approximately 2 ½ - 3 miles to their campsites. Do bring high calorie snacks to give you an additional boost if you get tired (ex- trail mix, granola bars, etc.). Be sure to stay hydrated, both before and during your hike to the campsite. Your leader will tell you how much water to carry in your backpack. A big mistake people make is to drink less because the weather is colder.
6. If you know that you have problems adjusting to changes in altitude, you should discuss this with your physician. There are medications which can be very helpful in facilitating this process. You will be going from sea level to up to approximately 9000 feet, so it is important you know your body.
7. After setting up your tents, your group will decide on any snow structures you plan to build and adventures you want to have. Each group will decide amongst themselves. Some groups may decide to visit some of the other groups to see what they are doing.
8. The San Jacinto campgrounds are equipped with outhouses which will make sanitation much easier. For those going to Mammoth and other locations, this will not be the case. Please discuss this with your group leader.

Returning to San Diego

1. Most of the Southern California groups will complete their outing around 1pm for the trip home. There is no additional cost for the tram ride back to Palm Springs.
2. The Mammoth Group will meet their bus around noon for the ride back to San Diego. There will be a meal stop in Bishop on the way home.
3. You are responsible for returning your rental gear to the appropriate vendor. If you obtained your gear from WBC, please bring it with you to the next class meeting on March 17, 2020. For those of you going on the alternate weekend, please return the snow shoes rented from WBC to your leader after your outing on Sunday.



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Additional Recommendations

1. Snowshoes and hiking poles will provide good traction on snow and ice. Students may want to bring additional safety equipment for walking on snow or ice, particularly for the skiers. Coiled metal systems (such as Yaktrax), crampons, cleats or microspikes, can be purchased and taken along in your pack. These can be found at various outdoor and sporting goods stores as well as online.
2. Be sure to bring enough food for your trip. Food is fuel and will also help keep you warmer at night. You will need one breakfast, one dinner, and 2 lunches as well as snacks. The Mammoth group will need to pack 1 breakfast, 2 lunches and 1 dinner in addition to food for the bus trip to Mammoth. Along these same lines, be sure to stay hydrated. You will most likely be melting snow for your water. On low snow years, you will need to carry in adequate water for your needs.
3. If you should develop a severe headache or have problems breathing, talk with your leader immediately since it might be a result of being at elevation. Your leader will assess your condition and decide if you need to leave the trip and descend to a lower elevation for your own safety. WBC staff would assist you in this process.
4. **HAVE FUN!!!** This is a unique opportunity for an adventure that most people wouldn't dream of. Yet, it has been the highlight of the course for many of our students.