

2023 WBC Class Schedule



DATE	TIME	TOPIC	SPEAKER	Be Prepared:
Preclass	6:30	Check In		
Week #1 January 17, 2023 Golden Eagle	7:00 7:06 7:20 7:35 7:55 8:10 8:25 8:35 9:00 9:10 9:15	The WBC Experience Opening remarks & Staff Introductions Class processes, policies & expectations The Ten Essentials Day Hike Instructions Break/Day Hike Sign-up WBC Cost Projections Footwear Trip Sign Up Process and Trip Rating System Announcements	Kristi Anderson Ellen Greenfield Cary Eskow Richard Murphy Jody Stell Bob Stinton Melody Eues Margaret Elizondo	Do some conditioning hikes. Come ready to enjoy and explore!
Sat/Sun Jan 21-22	7am-10am	Day Hike Iron Mountain - Bring day pack containing 15 lbs, including your 10 Essentials		
Preclass	6:30	Car Camp Leader Q&A		
Week #2 January 24, 2023 Golden Eagle	7:00 7:05 7:25 7:40 8:05 8:10 8:20 9:00	Day Hike Results Car Camp Overview Car Camp Sign-up Clothing (Warm Climate) Announcements Break Backpacking Equipment	Richard Murphy Mary Elliott/Leaders Bob Stinton Margaret Elizondo Bob Stinton	Review online Car Camp trip descriptions. Choose 2 or 3 options. Read Chapter 5.
Preclass	6:15	Gear Swap Meet		
Week #3 January 31, 2023 Golden Eagle	7:00 7:30 7:50 8:10 8:15 8:25 8:45 9:15	Car Camp Planning Fitness and Conditioning Eating Out in the Wilderness Announcements Break Land Navigation Part I- Topo Maps Backpacking Hygiene	Leaders/Staff Nancy Jungling Pauline Jimenez Margaret Elizondo Doug Goepfert Jim Park & Melody Eues	Watch Land Nav Videos 1-4 and 8 on the WBC website. Read Chapters 3 and 6, plus pages 118-126 and 180-183.
Sat/Sun Feb 4-5		Car Camp		
Preclass	6:30	Mtn/Desert Backpack Leader Q&A		
Week #4 February 7, 2023 Golden Eagle	7:00 7:20 7:35 7:50 7:55 8:05 8:35 9:00	Mtn/Desert Backpack Overview Mtn/Desert Backpack Sign-up Outdoor Ethics/Leave No Trace Announcements Break First Aid Animal Encounters	Sonja Sweeny/Leaders Kelly Aljibury Margaret Elizondo Melody Eues Jim Park	Review online trip descriptions. Choose 2 or 3 options. Read Chapters 2, 10, and 13
Sat/Sun Feb 11-12		Car Camp- Alternate Weekend		
Preclass	6:00	Backpack Demonstrations		
Week #5 February 14, 2023 Golden Eagle	7:00 7:30 8:10 8:15 8:20 8:30 8:50 9:10	Mtn/Desert Backpack Planning Desert Flora & Fauna GAIA Download Instructions Announcements Break Land Navigation Part II-Compass Skills Water Treatment	Leaders/Staff Mark Jorgensen Cary Eskow Margaret Elizondo Doug Goepfert Bob Stinton	Bring your compass. Watch Land Nav Videos 5-7, 9-12 and Backpack Demo Videos on the WBC website. Read Chapter 11 and pages 126-135.
Sat/Sun Feb 18-19		Mountain/Desert Backpack		

Preclass	6:30	Land Navigation Backpack Leader Q&A		
Week #6 February 21, 2023 Golden Eagle	7:00 7:20 7:35 8:05 8:10 8:20 8:40 9:10	Land Navigation Backpack Overview Land Navigation Sign-up Weather Announcements Break Permits/Planning Your Own Outing Land Navigation Part III-Smartphone GPS	Oscar Brambila/Leaders Earl Towson Margaret Elizondo John Plander Doug Goepfert	Review online trip descriptions. Choose 2 or 3 options. Review WBC Land Nav Videos. Read Chapter 4, 8 and pages 135-155.
Sat/Sun Feb 25-26		Mountain/Desert Backpack - Alternate Weekend		
Preclass	6:00	Community Organizations Night		
Week #7 February 28, 2023 Golden Eagle	7:00 7:30 7:50 8:20 8:25 8:35 9:15	Land Navigation Backpack Planning Snow Camp Overview (Presentation) Emergency Sheltering & Fire Building Announcements Break Winter Equipment/Clothing	Leaders/Staff Margaret Elizondo Michael Golden Margaret Elizondo Bob Stinton	Read Chapters 9, 12, and 14
Sat/Sun Mar 4-5		Land Navigation Backpack		
Preclass	6:30	Snow Camp Leaders Q&A		
Week #8 March 7, 2023 Golden Eagle	7:00 7:45 7:55 8:00 8:10 8:30 9:05	Hypothermia Heat Stroke/Altitude Sickness WBC Reunion Overview Announcements Break Snow Camp Overview Snow Camp Sign Up & Planning	Dr. Jeffrey Gertsch Cary Eskow Margaret Elizondo Margaret Elizondo/Leaders	Review online trip descriptions. Choose 2 or 3 options.
Sat/Sun Mar 11-12		Land Navigation Backpack-Alternate Weekend		
Preclass	6:00 6:30	Sierra Club Sections Make-Up Outings Leader Q&A		
Week #9 March 14, 2023 Golden Eagle	7:00 7:20 7:40 7:45 7:55 8:10 9:10	Sierra Club Section Introductions Lighten Your Load Announcements Make-Up Outings Overview Make-Up Outings Sign-Up & Break Snow Camp Logistics/Equipment Check	Linda "Boo" Briggs John Plander Margaret Elizondo Ruben Garcia/Leaders Leaders/Staff	
Fri-Sun Mar 17-19		Snow Camp		
Preclass	6:30	Make-Up Outings Planning		
Week #10 March 21, 2023 Golden Eagle	7:00 7:05 7:15 7:35 7:40 8:10 8:20 9:00	Announcements Photo Contest Slide Show/Winners Bus and Ski Section Trips Reunion Reminder Provisioning for Multi-Day Trips/Field Repair Tips Concluding Remarks Final Exam Last Class Bash!	Margaret Elizondo Stefanie Maio Alice Fichandler/Leaders Cary Eskow Randy Moore Kristi Anderson	Study for the Final Exam
Fri-Sun Mar 24-26		Snow Camp Alternate Weekend		
April 1-2, 2023		Make Up Outings		
April 8-9, 2023		Make Up Outings		
Jun 30 - Jul 2 2023		Graduation and Reunion Weekend	Horse Heaven Campground	